

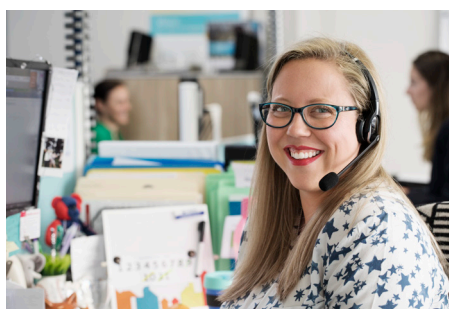
Are you NDIS ready when it comes to your Continence Care?



Does your bladder and bowel management impact your ability to achieve your goals and aspirations?

The National Insurance Disability Scheme (NDIS) has the potential to improve these impacts, by providing access to the right combination of continence products. The NDIS is a way of providing you with choice and control over your life with the supports you need to live the life you want.

This guide is an opportunity for you to check if your supports are working for you, and help you towards your goals.



Coloplast can work with you to help support you through the NDIS process. We offer NDIS support through several avenues:

Consumer Care team support

Our team can:

- Discuss your continence needs in a safe environment
- Support you with finding continence solutions that may better suit their lifestyle
- Help you prepare for their NDIS meeting with advice and product estimates

Nursing support through our Clinical Nurse Advisors

Our Clinical Nurse Advisors can provide pre-planning and review support for your patient's continence products.

Contact Coloplast to have a confidential discussion about the NDIS and your continence needs

📞 1800 880 427

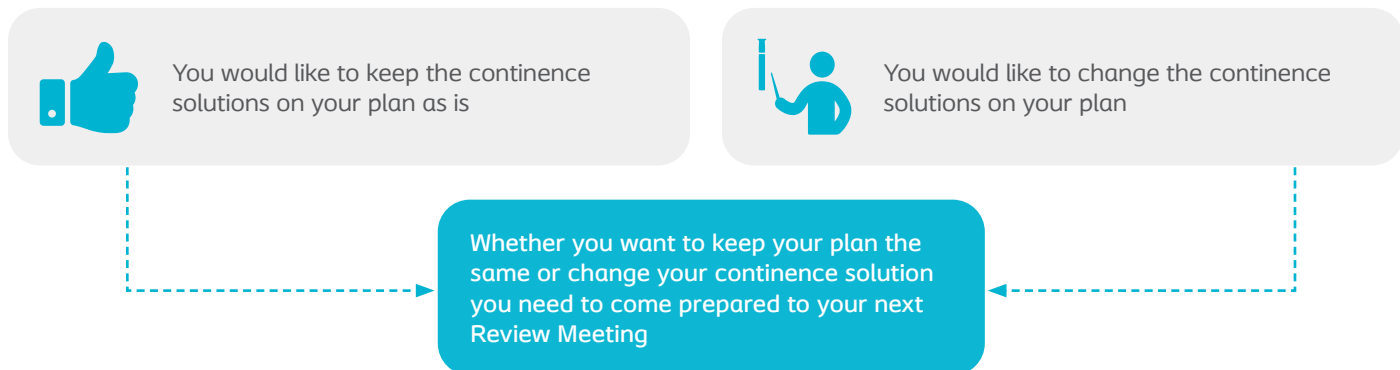
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Your plan review is an opportunity for you to check if your supports are working for you, and are helping you work towards your goals.

This is also an opportunity to assess your current bladder and bowel management, and request a change in product if you feel as though your current solution is restricting you working towards your goals.

1. When thinking about your current continence solution, you should consider whether:



The NDIS recommend that you bring in assessments and reports of your current supports and services so you can easily show how these are helping you achieve your goals, or are not helping you. This includes your current bladder and bowel solution.

Use the space below to think about how your current bladder and bowel solution has helped you achieve your goals, and any difficulties you have had managing your continence health during your NDIS plan.

2. What worked well in your plan?

Think about whether:

- Your bladder and bowel solution allowed you to achieve things you may otherwise not have been able to
- Your solution reduced the amount of sick leave you needed to take, or how often you visited a healthcare professional
- You were able to work towards or reach your goals

Write your notes here

3. *What didn't work well in your plan?*

Think about whether:

- You ran out of funding for your current bladder and bowel solution, or were close to running out
- You still experienced bladder infections with your bladder and bowel solutions
- You were still not able to be social due to your current bladder and bowel solution

Write your notes here

4. *Have you achieved your goals or made progress towards achieving them?*

Think about whether:

- Were your goals restricted due to your bladder and bowel management, even with NDIS funding?
- Will your current bladder and bowel management help you work towards achieving your goals?
- Are there different bladder and bowel management solutions that can help you work towards your new goals?

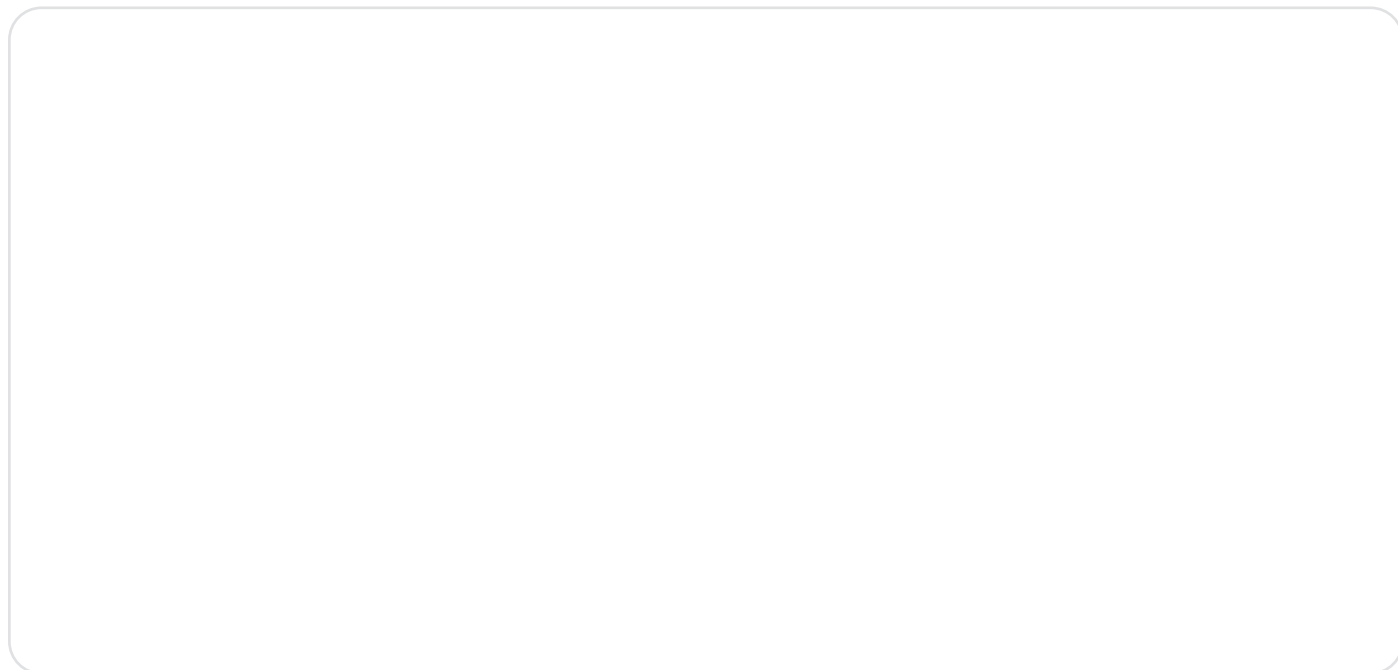
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5. *Have there been any changes to your circumstances?*

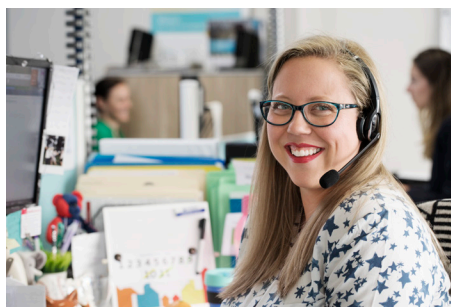
Think about whether:

- Your bladder and bowel requirements changed since the beginning of your NDIS plan?
- Any of your current bladder and bowel solutions need to be reviewed?
- Your bladder and bowel requirements will change in the future?

Write your notes here



Bring this form to your Review Meeting along with a justification letter to help support your continence needs.
Our Consumer Care team can help you with your justification letter



Whether you want to change your continence solution or continue with your current products you need to come prepared to your next Review Meeting – our Consumer Care team can help!

Our team can:

- Discuss your continence needs in a safe environment
- Support you with finding continence solutions that may better suit their lifestyle
- Help you prepare for their NDIS meeting with advice and product estimates



Wanting more information on continence solutions?

Our Clinical Nurse Advisors are here to help

Our clinical Nurse Advisors can provide you with pre-planning and review support for your continence products.

Contact us today to book into one of our free Nursing Support clinics:

☎ 1800 316 649

💻 coloplast.com.au/continence-coloplastcareclinics



Contact Coloplast today to find out more!

☎ 1800 880 427

💻 www.coloplast.com.au/NDIS