

Think less about
the toilet and
more about
everything else.

Introducing a better way to go. Peristeen[®] by Coloplast.

Peristeen is the world's best-documented bowel irrigation device, and bowel irrigation is the recommended treatment when bowel medication fails.



Peristeen[®]



MYTH

Bowel medication is the best treatment for the majority of constipated or fecally incontinent patients. They should be used for a long time to get the full benefit.

FACT

A study shows that

47% of chronically constipated

adults are not satisfied with their constipation medication.¹ Further, the effect from bowel medication should occur within weeks, as the onset of action normally occurs within days.²



Peristeen is a unique way of emptying the bowel and is used to prevent faecal incontinence and chronic constipation.

Bowel management. It's hard to talk about. For most people it's never an issue, but if you're dealing with bowel incontinence or chronic constipation, it's almost always on your mind. Peristeen is changing all that with a simple, effective and predictable bowel care routine that can change your life. By cleaning out the lower

colon, you can work, dance and go on vacation without worrying about having an accident along the way. That's confidence. That's control. That's freedom. That's Peristeen.

Conservative bowel management methods is insufficient for 30-50%³

Constipation and incontinence are prevented by emptying the bowels more effectively with Peristeen⁴

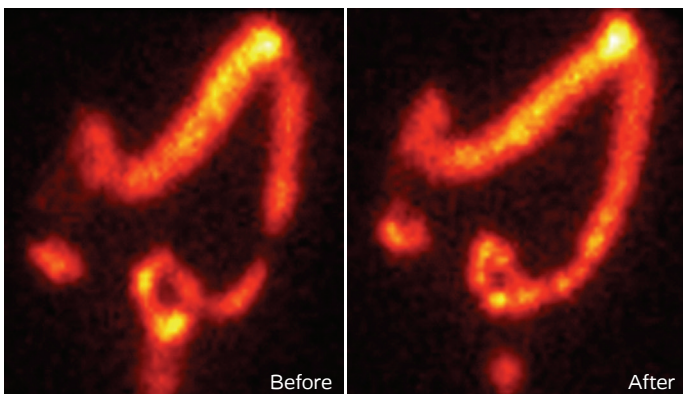


Figure 1: Bowel scintigraphic images of an SCI patient before and after defaecation⁴

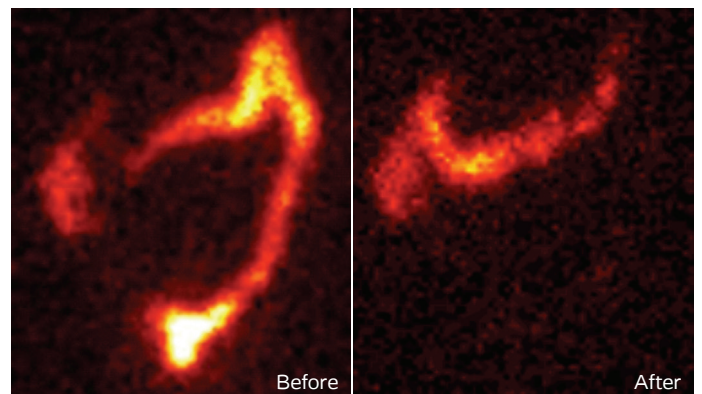


Figure 2: Bowel scintigraphic images of an SCI patient before and after defaecation using anal irrigation⁴



How does it work?

Peristeen is a technique for emptying the bowel by introducing lukewarm tap water (36–38°C) into the rectum using a catheter. The user sits on the toilet while the water is pumped into the rectum. The water is then emptied from the bowel, along with the stools, into the toilet. The results are normally so effective that most users only have to perform the procedure every other day.



Single-use rectal catheter allows for easy insertion

How does a person start?

Individuals must be assessed by a qualified health care professional to ensure this method is appropriate for them. They can then be taught the procedure to ensure the best result. Once people are comfortable with the system, it can give them the confidence to do more with their everyday life.



Easy-to-use control unit for reliability and greater independence








To find out if Peristeen is right for you, please call Coloplast on

 Australia 1800 653 317
New Zealand 0800 265 675

 www.coloplast.com.au/Peristeen-Training

Product overview

Peristeen Anal Irrigation

Code		Order Code*	Description	Contents
29121		1954560	System	1 control unit 2 coated catheters (Regular - 9.5cm) 1 water bag 2 straps (1 set) 1 toilet bag 1 screw top lid 1 IFU
29122		1918360	Accessory unit	15 coated catheters (Regular - 9.5cm) 1 water bag 1 IFU
29123		1918377	Rectal catheter (Regular)	10 coated catheters (Regular - 9.5cm)
29125		1918391	Tube	2 tubes with blue connectors
29126		2137270	System (Small)	1 control unit 2 coated catheters (Small - 8cm) 1 water bag 2 straps (1 set) 1 toilet bag 1 screw top lid 1 IFU
29127		2137287	Accessory Unit (Small)	15 coated catheters (Small - 8cm) 1 water bag 1 IFU
29128		2377645	Rectal catheter (Small)	10 coated catheters (Small - 8cm)

*Order Code only relevant in Australia

The system requires medical assessment, approval and instruction prior to use. It is vital for your safety to consult a health care professional specialised in Peristeen Anal Irrigation before you perform the procedure. **Your first irrigation must be supervised by your Health Care Professional.**

Catheter Dimensions

Small

Diameter \varnothing 1cm
Length 8cm/10.8cm

Regular

Diameter \varnothing 1cm
Length 9.5cm/12.5cm

Australia 1800 653 317 | New Zealand 0800 265 675

References:

1. Johanson J, Kralstein J. Chronic constipation: a survey of the patient perspective. *Aliment Pharmacol Ther.* 2007; 25: 599-608.
2. Roerig J, Steffen K, Mitchell J, Zunker C. Laxative Abuse – Epidemiology, Diagnosis and Management. *Drugs* 2010; 70 (12): 1487-1503.
3. Krogh K, Christensen P, Laurberg S. Colorectal symptoms in patients with neurological diseases. *Acta Neurol Scand* 2001;103(6):335-43.
4. Christensen P, Olsen N, Krogh K, Bacher T, Laurberg S. Scintigraphic assessment of retrograde colonic washout in faecal incontinence and constipation. *Dis Colon Rectum* 2003;46(1):68-76.

[Ostomy Care / Continence Care / Wound & Skin Care / Urology Care](#)

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